

PAMPHLET-BOUND BOOK

SUPPLIES:

- 10 sheets 8½" x 11" paper
- 1 sheet 8½" x 11" cardstock
- Bone folder
- Awl
- Thread/wax
- Needle
- Collage materials

TECHNIQUES:

- 3-hole pamphlet stitch

FORMS:

- *Pamphlet*: a booklet of generally less than 80 pages, stitched or stapled together and usually having a paper cover
- *Signature*: sheets of paper gathered together and folded in half; basic building block of codex bindings
- *Codex*: book constructed of a number of sheets (alternative format is a scroll)

INSTRUCTIONS:

1. Fold each sheet of paper in half width-wise
 - Nest the pages into a single signature
2. Fold sheet of cardstock in half width-wise for cover
3. Punch holes for sewing
 - Open booklet (including cover) to center page
 - Use awl (with cutting mat underneath booklet) to punch 3 equally-spaced holes through all pages (including cover)
4. Sew
 - Cut length of thread 3 x length of booklet
 - Wax thread with beeswax and thread needle (no knot)
 - Sew signature and cover according to diagram
5. Go over crease with bone folder
6. Decorate